

# Rendlesham Forest

Amazing adventure playgrounds, fun sculptures and UFOs!



Rendlesham Forest offers a wonderful day out for all the family. There are numerous trails to follow and an amazing play area complete with climbing frames, log tunnels and adventure courses.

This is the area of Suffolk known as the Sandlings with loose sandy soils, creating a forest mix of conifers and broad leaf trees with open heathland and wetlands all providing great bird watching opportunities.

Rendlesham Forest is infamous for reports by the US Air Force of UFO sightings in 1980 – discover more of the mystery by picking up the UFO Trail leaflet at the forest centre.

## Facilities

- **Parking** – charges apply
- **Toilets** – accessible
- **Picnic area**
- **Play area**

## Directions

- From the A12, just north of Woodbridge, follow the A1152 through Melton onto the B1084 signed Orford. The forest centre is signed off this road.
- **Rendlesham Forest**  
01394 450 164  
[www.forestry.gov.uk/rendlesham](http://www.forestry.gov.uk/rendlesham)  
**Post Code** IP12 3NF



## Easy access trail 0.7mile /1.2km



Starting from the car park, follow the easy access blue Phoenix Trail, named after the recovery from the great storm of 1987. This is a firm surface path making it very easy to follow.



B1084

Daisy's  
Walk



ENTRANCE

Woodbridge Road

## Easy going trail 3 miles/5km



From the car park you can head deeper into the forest through conifer plantation, heathland and wetland by following the longer red Phoenix Trail. White markers indicate short cuts back to the car park so you can adapt the walk to suit your needs.

Alternatively, dare to follow the UFO Trail (3 miles, 5km) or enjoy a relaxing amble along Daisy's Walk (2.75 miles, 4.3km).

Both are clearly signed with further information available from the forest centre.

Bike  
Park



Forest Centre

0km 0.5mile 1km

SCALE

