

## At the Heart of 'The Garden of Suffolk'



- 1. A shop-owner in Market Place put on stilts by climbing out 2. England's oldest lawn tennis tournament was founded 3. Russian Cossacks gave riding 4. Once 15.5 metres high, Sax's Albion post-mill was one of dedicated coaching inn built
- Eisenhower and Montgomery
- 8. The railway station is home to a rare Victorian postbox

- it was the second oldest!

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# **EXPLORE & ENJOY** SAXMUNDHAM & BEYOND

Norfolk

Suffolk

Yoxfo

Kelsale

to field edge path to St Peter's Church,

Carlton (6) (Leiston engineering giant, Richard

Garrett III, buried in churchyard/pink stone

tomb). Bear left, then right up track (Carlton

Hall () on right - requisitioned in WWII; burnt

Take footpath on right, passing small green

to a road corner (Rosemary Lane). Turn right,

past 16.8m high remains of Kelsale Mill (right -

6 floor tower mill, built 1865 by John Whitmore

and continue into Kelsale village (village sign on

right). Turn left up Church Lane (opposite Arts

& Crafts style Village Hall - 1891, Grade II listed)

to Arts & Crafts Lychgate (c.1890 by Edward

Prior) and Church of St Mary & St Peter (more

William Morris, Edward Burne-Jones and Ford

via Denny's Lane to Bridge Street. Turn left

uphill, bearing right at junction, over railway

Turn right. At bend, take cross-field footpath

(left) to field edge. Turn right.

Follow path with care across

railway line to access path back to

North Entrance, Saxmundham.

Turn left under railway bridge to

High Street and Market Place.

bridge, to take footpath (right) to Clayhill Road

Madox Brown). Loop back down through village

work by Prior inside, plus stained glass by

of Wickham Market) to road (B1121). Cross

down 1939: rebuilt, now flats) to road at

Carlton Green.

Essex

A rural retreat, in tune with its traditions. A magnet to artists and sculptors for generations. A landscape full of contrasts, rich harvests and wonderful wildlife. A place to reflect, respect, relax and restore; to experience and treasure. Discovering the area around Sax is an absolute inspiration.

Take time out in the Alde Valley to the west, for a bluebell woods adventure, family picnic on the farm and all sorts of artisan offerings. Hear bitterns boom and watch avocets strut their stuff at Minsmere's magnificent bird reserve to the north. Follow the festival vibe in historic parklands, or down by the quayside at Snape in the south. Whether

you enjoy an international-calibre concert or folk song singalong; a gentle stroll or right old ramble; a bike ride full of fresh air or just a moment to yourself by the marshes, whatever magic means to you, you're sure to find it here.

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am » Carlton » Kelsale LANDMARKS & LEGACIES



FROM/TO: Market Place, Saxmundham IP17 1FX TERRAIN: Flat with gentle inclines. Cross-field/ field-margin footpaths. Tracks, tarmac lanes, pavements. Stiles, gates, footbridges.

Mighty mill remains and great estates; royalty and industrialists remembered; farming life past and present and some of the finest Arts & Crafts movement offerings in the county - walk straight out of Saxmundham and the villages of Carlton and Kelsale will soon share their awesome, unsung treasures.

DIRECTIONS: Go north out of Sax, under railway bridge along North Entrance, past The Beeches (9) where Prince Phillip of Greece (later husband to Elizabeth II) frequently visited chums as a lad. After Lambsale Meadows (right /Doctors' Surgery) either continue ahead to view old turnpike road Toll House @ (left), then retrace steps, or turn left down footpath following stream past (8) Old Brook House Farm Dairy (right – Grade II listed). Straight ahead along small road section. Left over footbridge. Cross road. Continue ahead on path to turn right, passing school (left). Cross road (zebra crossing). Continue ahead uphill to Carlton Park A. Straight ahead, past playground and Paul Richardson tree sculpture/bench (left). Over stile

## Walk the Sailors' Path

Follow in the historic footsteps of the 'Greenhands' - the farmlabourers-cum-sailors who fed their families by balancing a life on land with time at sea. Whether you choose to bite off just a chunk or two of the fully waymarked route between Saxmundham and the coast, or go the whole hog to Aldeburgh and Maggi Hambling's famous Scallop sculpture on the beach (9.5miles/15.3 kms), it's a feast of local colour,

with the potential to experience the widest collection of habitats under the Suffolk sun. Download directions: eastsuffolklines.co.uk/walks

The walks start from Saxmundham station (easily accessed from Market Place via footpaths through car park), so don't forget to pop into Sax's shops or market for provisions or a picnic before you go!

## ham » Benhall » Saxmund **BENHALL & BACK AGAIN**



FROM/TO: Saxmundham Railway Station IP17 1EH TERRAIN: Gentle climbs up valley rises. Field-margin footpaths. Tracks, boardwalks, tarmac lanes, pavements. Footbridges

A super little stroll straight to the historic village of Benhall Green on the River Fromus, barely a couple of miles from Saxmundham, but somehow worlds apart. The village green is the perfect place for a country picnic before retracing your steps to town.

Highlights Include: Benhall Wadd local nature reserve/ ford. Benhall Green - thatched school, pargetted cottages, large village green. Views of Hurts Hall.

**DIRECTIONS:** *eastsuffolklines.co.uk/walks* 

Route Notes: Follow the East Suffolk Lines 'Sailors' Path to Aldeburgh' walk to the ford at Benhall Green. Benhall Wadd can be explored following a meadow path/ boardwalk loop (seasonal/ weather-dependent) Retrace steps to village. Turn right into School Lane which bears left to meet B1121. Cross to Kiln Lane and retrace steps to Saxmundham.

## Wadd's all this then?

Benhall Green's 'Wadd' is a real emerald gem. The word is Old English for ford and is a small area of wet meadows/alder carr, criss-crossed by paths and boardwalks beside an impressive fording point of the River Fromus. A special, rare and ancient habitat for flora and fauna, it is cared for by the local community.



FROM/TO: Saxmundham Railway Station IP17 1EH TERRAIN: Flat with gentle climbs up valley rises. Cross-field/field-margin/river wall footpaths. Tracks, tarmac lanes, pavements. Gates. Footbridges. A gentle countryside walk via beautiful Benhall Green on the River Fromus to the curlew cries and meandering waters of the Alde. Visit Snape Warren heathlands, before heading to Snape village or following paths through the reeds to Snape Bridge and the Maltings with its arts/retail complex and river trips. Don't forget the binoculars!

Highlights Include: Snape Maltings - including concert hall founded by Benjamin Britten and Peter Pears; sculptures/installations in the landscape. Snape Warren/Marshes. Benhall Wadd local nature reserve. Historic village of Benhall Green. Views of Hurts Hall.

**DIRECTIONS:** *eastsuffolklines.co.uk/walks* 

Route Notes: Follow the East Suffolk Lines 'Sailors' Path to Aldeburgh' walk to junction of paths south of Rookery Farm by Snape Warren. Either turn right for road into Snape village, then left at road junction to cross Snape Bridge to the Maltings, or take path straight ahead alongside Snape Warren (left), through trees to turn right onto river wall path to Snape Bridge/Maltings.

# Cycle & Discover 🖈

Pedal out in the tracks of The 6th Cyclist Battalion of the Suffolk Regiment who, during WWI, were based on Saxmundham's Layers to defend the coast. When a German Zeppelin crashed at nearby Theberton in 1917, these well-trained Suffolk soldiers spun off to help. Pedal out in their memory, along mainly minor roads from

Saxmundham to St Peter's Church in Theberton where fragments of the ill-fated Zepplin adorn the porch. A plaque in the churchyard also remembers the German servicemen who were originally buried here. Why not combine with a pedal past the old WWII airfield on the western edge of Leiston? By the entrance of the Cakes & Ale Caravan Park, a sculpture by Paul Richardson honours the American airmen, stationed here in 1942-45.

Find out more about Sax's

saxmundhammuseum.org.uk

artists and legacies at

Saxmundham Museum



## **Outdoor Fun & Games**

There's all sorts of play areas dotted around Sax, plus an adventure playground, sports grounds/clubs at Carlton Park for football, tennis, cricket, bowls, boules and more. carltonpark.info A little further afield, you'll find fishing, golf, clay pigeon shooting and so much more. Enjoy!

# FESTIVALS? CONCERTS? EVENTS?

- Aldeburgh Festival of Music & the Arts -Snape Maltings
- FolkEast (Folk & World Music Festival) -Glemham Hall
- Aldeburgh Food & Drink Festival Snape Maltings thesuffolkcoast.co.uk

## A Superb Spot for Sculpture Vultures

One of Saxmundham's creative sons was Thomas Thurlow (1813-1899) whose sculptures caught the eye (and likeness!) of many a Victorian Suffolk worthy. You'll find many of his portraits in stone and carvings in local churches (Saxmundham, Aldeburgh, Kelsale, Yoxford, Theberton, Leiston).

Look out for his works on your walks and travels, along with more contemporary contributions from renowned locally-based sculptors and craftsmen keeping the traditions alive. You'll find works on any of the walks or rides marked with

## Countryside Code

- Plan ahead. Be prepared.

- Always keep dogs under close control, especially amongst livestock/during bird nesting season. Release your dog if chased by cattle. 6

By the River Fromus or the Alde, along green lanes, down boardwalks, beside wet meadows or in ancient woods, what will you spot today?



# Did you know?

When local lads found the head of a Roman sculpture in the River Alde at nearby Rendham, they used it as a football for a kick-around! You'll find a replica of Claudius' ancient head in Saxmundham Museum.

• Follow paths, advice and local signs.

## • Consider the local community/others enjoying the outdoors. • Be careful with naked flames/cigarettes at any time of the year. • Leave gates/property as you find them.

• Take litter home. Clean up after your dog.

## **Nature Watch**

Earet

Bluebells

Muntjac Deer



**FROM:** Saxmundham Railway Station IP17 1EH TO: Darsham Station IP17 3EL

TERRAIN: Flat with gentle valley climbs. Cross-field/ field-margin footpaths. Tarmac lanes, pavements. Steps, stiles, gates, footbridges.

**DIRECTIONS:** *eastsuffolklines.co.uk/walks* 

A truly rural, fully waymarked, station to station walk, up and over the claylands, edging the arable fields of timehonoured farmsteads and the parklands of historic halls to Yoxford – once the 'settlement by the ford where oxen can cross', a busy turnpike town and now enjoying a quieter Suffolk life.

**Highlights include:** Saxmundham Junction – the town's historic railway route hub. Views of Carlton/Kelsale landmarks. Historic parklands dotted with vintage oaks, Scots pine or towering exotic species. Yoxford village (small collection of shops including galleries); St Peter's church; roadside turnpike fingerpost; Cockfield Hall

with Yox Man (sculpture by Laurence Edwards).



- Garden of Suffolk Strawberries
- Kelsale farms' Organic veg
- Sandlings-grown Asparagus
- Suffolk Coast Catch of the Day 🚺

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